



# 12<sup>th</sup> Annual Meeting

19-21 September 2024 | CYPRUS

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**12th Annual Meeting | 19-21 September 2024**

# LET'S BEGIN

# ORGANIZATION AND COMMITTEES

## President

Dr. Lars Heitmann

## Secretary

Dr. Ludger Mentrup

## Manager

Sinem Yanovali

## Organizing Directors

Dr. Ozgur Oztan (Chair)

Dr. Tayfun Oguzoglu

(Director Europe Region)

## Program Committee

Dr. Ibrahim Jebai

Dr. Jakub Miszczyk

Dr. Ekrem Civas

## Scientific Director

Dr. Christian Bisanga

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# SCIENTIFIC PROGRAM

# 19 September 2024

## MAIN ROOM (PREMIER)

**07:30-16:30 Registration**

Start Time	Duration (min)		
08:00	04:00	Welcome by President FUE EUROPE	Dr. Lars Heitmann
08:04	03:00	Welcome by Directors 12th Annual Meeting	Dr. Ozgur Oztan & Dr. Tayfun Oguzoglu
08:07	03:00	Welcome by Program Committee	Dr. Christian Bisanga, Dr. Ekrem Civas, Dr. Jakub Mischczyk, Dr. Ibrahim Jebai

**Session 1 Fundamentals of Hair Restoration Surgery Moderator: Dr. Ibrahim Jebai**

08:10	10:00	Dr. Ibrahim Jebai	Basics of hair restoration: how to maximize your yield
08:20	10:00	Dr. Daniela Hueb	Learn the Contraindications and Essential Care for Successful Hair Transplants
08:30	10:00	Dr. Naveen Thomas	Art of Hairline designing
08:40	10:00	Dr. Tayfun Oguzoglu	Long Hair FUE
08:50	10:00	Dr. John Watts	Challenges faced by beginner in Long hair FUE transplant- My experience
09:00	10:00	Dr. Kavish Chouhan	Understanding the pros and cons of various implantation techniques: which one should you incorporate in your practice
09:10	10:00	Dr. Christian Bisanga	Principles of slit creations: Methods and Tools
09:20	10:00	Dr. Kuldeep Saxena	Beginner friendly implanters
09:30	10:00	Dr. Ajara Sayyad	Triangle of masculinity - KC Technique - A simplified method of temporal triangle reconstruction.

# 19 September 2024

## MAIN ROOM (PREMIER)

**07:30-16:30 Registration**

**Start Time Duration (min)**

09:40 10:00 Q&A

09:50 20:00 Coffee Break

**Session 2 Trichoscopy & Dermatology Moderator: Dr. Ekrem Civas**

10:10 30:00 Prof. Dr. Deren Ozcan Trichoscopy for Hair Surgeons

10:40 10:00 Prof. Dr. Mughese Amin Hair transplant in scarring alopecia

10:50 10:00 Dr. Vania Declair Cohen Low-Level Laser Therapy: Advancements and Applications in Regenerative Trichology

11:00 10:00 Dr. Smriti Shrestha Rise in cases of non-scarring pattern hair loss, evolving into scarring hair loss, with Histopathology and treatment protocol

11:10 10:00 Dr. Luis Ruiz Case Proposals: Scarring alopecia due to Linear Scleroderma in Coup de Saber

11:20 10:00 Dr. Karen Durban Non-pharmacological treatment in autoimmune alopecias

11:30 20:00 Q&A

Operation Hope - A Fue Global Initiative to Provide Charitable Hair Restoration to Unfortunate Victims of Secondary Cicatricial Alopecia

12:10 1:00 Lunch Break



# 19 September 2024

## MAIN ROOM (PREMIER)

07:30-16:30 Registration

Start Time Duration (min)

**DONOR & RECIPIENT AREA: EQUALLY IMPORTANT**

Moderator: Dr. Kavish Chouhan

13:10	15:00	Dr. Christian Bisanga	Donor Area & Recipient area assessment using AI assisted technology
13:25	10:00	Dr. Ekrem Civas	8 indications for FUE
13:35	10:00	Dr. Kyambikwa Abby	Donor zone healing management optimization
13:45	10:00	Dawn Forshaw	Treating FUE/FUT Donor
13:55	10:00	Dr. Shadi Zari	Local Anesthesia for Hair Transplantation
14:05	10:00	Dr. Kuldeep Saxena	Painless anesthesia in hair transplant
14:15	10:00	Dr. Taleb Barghouthi	Updates on the role of YAP Signalling Inhibition and Its Possible Roles in Hair Restoration Surgery
14:25	10:00	Dr. Felix Popescu	Popping in sharp implanters
14:35	10:00	Dr. Nestor Carrena	My experience Hair restoration in lincocytic cicatricial alopecias (FFA/ LPP)
14:45	10:00	Dr. Alvaro Tulio Fortes	Pos op analyse with multiparametric ultrasound
14:55	10:00	Dr. Lizet Rojano	LPP after hair transplant
15:05	15:00	Q&A	

# 19 September 2024

## MAIN ROOM (PREMIER)

<b>07:30-16:30 Registration</b>			
Start Time	Duration (min)		
15:20	20:00	Coffee Break	
<b>Session 3</b>	<b>METHODS, TECHNIQUES &amp; DEVICES</b>		<b>Moderator: Dr. Alejandro Gonzalez</b>
15:40	10:00	Dr. Ibrahim Jebai	Forceps vs Implanters: a comparison of earlier growth and higher yield
15:50	10:00	Dr. Kavish Chouhan	Slit/incisions in Hair Transplantation: Tips & Tricks to achieve natural results
16:00	10:00	Dr. Felix Popescu	Popping in sharp implanters
16:10	10:00	Prof. Dr. Mughese Amin	Amin multi graft implanter a safe and fast way to do hair implantation
16:20	10:00	Leoncio Moncada	Moncada Anchor Technique
16:30	10:00	Dr. Andreij Przybylski	Implanter pen - review of technique, tips&tricks
16:40	10:00	Dr. Ozlem Bicer	Female pattern of hair loss - reasons and treatments
16:50	10:00	Q&A	
<b>WELCOME COCKTAIL</b>			

# 20 September 2024

## MAIN ROOM (PREMIER)

Start Time	Duration (min)		
<b>Session 1</b>		<b>REGENERATIVE MEDICINE - INTELLECTUAL HONESTY</b>	
		<b>Moderator: Dr. Jakub Miszczyk</b>	
08:30	10:00	Dr. Ryan Welter	Regenerative medicine - What's in our armamentarium?
08:40	10:00	Dr. Ryan Welter	PRP for Hair - What Does the Science Really Say?
08:50	10:00	Dr. Vania Declair Cohen	Platelet-Rich Plasma (PRP) in trichology - efficacy and mechanisms
09:00	10:00	Dr. Tayfun Oguzoglu	One device, multiple technologies; GCell's autologous micrograft and SVF technology initiate a fundamental change in hair transplantation and treatments
09:10	10:00	Dr. Ibrahim Jebai	Introducing Nanofat into your practice
09:20	10:00	Dr. Hebert Lamblet	Frontiers of innovation in autologous fat grafting - safeguarding adipose derived cells and unveiling their significance in skin and hair regeneration
09:30	10:00	Dr. Jakub Miszczyk	Adipose derived stromal cells in a clinical setting
09:40	10:00	Dr. Richard Chaffoo	A Novel Regenerative Medicine Approach to Hair Restoration
09:50	10:00	Dr. Viral Desai	Exosomes protocols - where we stand?
10:00	20:00	Coffee Break	

# 20 September 2024

## MAIN ROOM (PREMIER)

Start Time	Duration (min)		
10:20	10:00	Timur Veysel Dogruok	Advanced Autologous Injectable Platelet Derived Exosomes Rich Plasma and Final Product Characterization
10:30	10:00	Dr. Shadi Zari	The use of autologous micrografting in the management of pattern hair loss
10:40	10:00	Dr. Burak Tuncer	Exosomes - Unlocking the Secrets of Exosome Therapy: A Deep Dive into Hair Restoration
10:50	20:00	Q&A	
<b>Session 2</b>		<b>BODY HAIR TRANSPLANTATION: CHALLENGES &amp; COMPLICATIONS</b>	<b>Moderator: Dr. Tayfun Oguzoglu</b>
11:10	10:00	Dr. Ibrahim Jebai	A refined approach for eyebrows transplant
11:20	10:00	Dr. Ozgur Oztan	Using body hair as a donor
11:30	10:00	Dr. Sanusi Umar	Revealing The X Factor in Hair Restoration
11:40	10:00	Dr. Christian Bisanga	Using body hair in repair surgery
11:50	10:00	Dr. Alejandro Gonzalez	Long FUE: indications, methodology and challenges
12:00	10:00	Dr. Hudson Lazaro	Pros and cons of long hair FUE
12:10	10:00	Q&A	

# 20 September 2024

## MAIN ROOM (PREMIER)

Start Time	Duration (min)		
		<b>Session 3</b>	<b>DEBATES</b>
		<b>Moderator: Dr. Kavish Chouhan &amp; Dr. Viral Desai</b>	
12:20	30:00	Dr. Amrendra Kumar vs Dr. Viral Desai	Debates: pre made slits vs. implanters
		Dr. Kuldeep Saxena & Dr. Walailak Meeprathom	Conventional FUE devices vs advanced FUE devices
		Dr. Felix Popescu vs Dr. Kavish Chouhan	Traditional FUE vs. Long Hair FUE
12:50	1:00	Lunch Break	PHOTOSHOOT ALL FACULTY & SPEAKERS
		<b>Session 4</b>	<b>MEDICAL MANAGEMENT &amp; TREATMENT</b>
		<b>Moderator: Dr. Miguel Marti</b>	
13:50	15:00	Dr. Anayene Mendes	Ozone therapy vs. Hyperbaric Oxygen Therapy for hair Transplant recovery & Ozone therapy in the treatment of necroses in hair transplantation
14:05	10:00	Dr. Vania Declair Cohen	Advances in Gene Therapy for Hair Loss
14:15	10:00	Dr. Eleojo Achimugu	Management of paediatric hair loss: UK surgeons/approach
14:25	10:00	Dr. Mehmet Faruk Yavuz	Importance of Hair Treatments before and after Hair Transplantation
14:35	10:00	Dr. Miguel Marti	How and when select a good treatment with mesotherapy
14:45	10:00	Dr. Naveen Thomas	Dutasteride/Oral Minoxidil
14:55	10:00	Dr. Chiara Insalaco	Tricogenesi - How does it work?
15:05	10:00	Q&A	
15:15	15:00	Coffee Break	

# 20 September 2024

## MAIN ROOM (PREMIER)

Start Time	Duration (min)		
<b>Session 5</b>			
		<b>INDUSTRY &amp; RIGHTEOUS MARKETING</b>	<b>Moderator: Dr. Kuldeep Saxena</b>
15:30	10:00	Juan de la Plata	Marketing Strategies to Increase Your Clinic's Revenue
15:40	10:00	Spencer Stevenson (Spex)	Generating Trust with Patients
15:50	10:00	Q&A	
<b>Session 6</b>			
		<b>WATCH OUT: COMPLICATIONS &amp; EMERGENCIES</b>	<b>Moderator: Dr. Felix Popescu</b>
16:00	10:00	Dr. Alvaro Tulio Fortes	Necrosis Prevention Protocol
16:10	10:00	Dr. Vinay Chouksey	Bleeding during hair transplantation
16:20	10:00	Dr. Felix Popescu	Management of difficult scar reconstruction (periosteal implantation)
16:30	10:00	Dr. Prashant Agarwal	Handling intra operative emergencies in hair transplant, preventing drug related complications
16:40	10:00	Dr. Pradeep Sharma	Red Flags in hair Transplant
16:50	10:00	Dr. Ben Butwong	Sexology in Hair Transplants
17:00	10:00	Dr. Auda Rusdin	Post-Surgery Care
17:10	10:00	Q&A	
<b>Gala Party</b>			

# 21 September 2024

## LIVE SURGERY WORKSHOPS

Body Hair Extraction with Zeus & Bifurcated Needle

Regenerative Medicine

Hands-on Hair Transplant Workshop on Models

Dr. Kavish Chouhan & Dr. Kuldeep Saxena

Extraction with KSK Surgical Device

Implantation: Pre-made slits with Implanters

Dr. Ozgur Oztan & HLC Team

Manual Extraction

Implantation: Stick & Place

Dr. Tayfun Oguzoglu & Dr. Alejandro Gonzalez

Long Hair Extraction & Implantation

# GENERAL INFORMATION

## 12th Annual FUE Europe Meeting & 1st World Conference of FUE Global

**Event Dates :** September 19-21, 2024

**Location :** Acapulco Resort Convention SPA Hotel, Kyrenia, Northern Cyprus (TRNC)

**Address :** Catalkoy Kyrenia / Cyprus

**Currency :** The official currency is the Turkish Lira (TRY). However, Euros and major credit cards are widely accepted.

**Language :** The official language is Turkish, but English is commonly spoken, especially in hotels, restaurants, and tourist areas.

**Electricity :** The standard voltage is 240V, and the power plugs are type G (same as the UK).

**Time Zone :** TRNC operates on Eastern European Time (EET), which is GMT+3 during daylight saving time.

### Getting Around in TRNC:

- **Taxis:** Taxis are readily available and a convenient way to travel. Always ensure that the meter is running or agree on a fare before starting your journey.
- **Car Rentals:** Car rentals are a popular option for those who prefer to explore at their own pace. Remember, driving is on the left side of the road.
- **Buses and Dolmuş:** Public buses and minibusses (Dolmuş) operate frequently between major cities and tourist spots. They are an affordable way to get around, though schedules can vary.
- **Walking:** In towns like Kyrenia, many attractions, shops, and restaurants are within walking distance, making it easy to explore on foot.
- **Where can I get my Certificate?**  
Certificates will be in your conference bag.
- **Dress code Social Events**  
Festive attire and/or Casual Chic

### Hands-On Hair Transplant Workshop on Models

*Participate in our hands-on hair transplant workshop, where you'll practice on models and enhance your skills under expert guidance. Each attendee receives a personalized kit containing essential tools, dummy hair, and a comprehensive instrument guide covering every step of the procedure.*

**Workshop Fee: €299**

**You can sign up at our registration desk**



### **Extra Gala Tickets**

Can be purchased at the registration desk

### **Cocktail Party at Ulfet**

Address: Ucurtma Street No: 16 Girne

### **Transfer from the Acapulco Resort to Cocktail Party**

Transfer Point: Entrance of the Acapulco Resort Convention SPA Hotel

Time: 19.30

### **Transfer from the Cocktail Party to Acapulco Resort**

Time: 23:00

### **Live Surgery Workshops**

Clinic: Yakın Doğu Üniversitesi Hastanesi

Address: Yakın Dogu Bulvarı Lefkosa

### **Transfer from Acapulco Resort to the Clinic**

Transfer Point: Entrance of the Acapulco Resort Convention SPA Hotel

Time: 07:50

### **Transfer from the Clinic to Acapulco Resort**

Time: 15:00

### **- Airport Transfers**

For airport transfers please contact Mr. Hamdi Dursun at whatsapp number: +90 548 842 45 81. Transfers can be arranged from and to all airports in Cyprus.

### **- Transfer Rates**

From Larnaca One-Way Airport Transfer 100 Euros

From Larnaca Round-Trip Airport Transfer 200 Euros

From Ercan One-Way Airport Transfer 45 Euros

From Ercan Round-Trip Airport Transfer 80 Euros

### **- Videos of the Event**

The presentations will be published on our website in the videos section after the event. This is free of charge for members and registered visitors of the event.

### **- Pictures of the Event**

A photographer and our social media team will be at the event to create nice memories of the event. We will try to post these on Instagram and our website while the event is still in progress



# CYPRUS

## Places to Visit in Cyprus

Take a closer look at the five most popular towns in Cyprus.

### Lefkosia

Nicosia has a special importance as it is the only divided capital city in the world. This district belongs to the Turks in the north and to the Greeks in the south. The United Nations peacekeeping force is located in the capital that is divided into two by the Green Line. Arab Ahmet Street, Selimiye Mosque, Barbarism Museum, Arasta Street and Haydar Pasha Mosque are among the main places you can visit in Nicosia.

### Kyrenia

Kyrenia is a port town with mountains in the south and Mediterranean Sea in the north. The town is famous for its splendid casinos and restaurants along the beach. You can visit Kyrenia Castle, Beylerbeyi, St. Hilarion Castle and Mausoleum of Hazrat Omar. Kyrenia is 51 km from the airport. This distance will take approximately 50 minutes by car or bus.



### Iskele

Iskele, which has a very calm and peaceful atmosphere, is a great resting place for those who come to Cyprus. With a population of approximately 25,000 inhabitants, Iskele is home to the church of Agios Lakovos, one of the most important tourist attractions in the region. Apostolos Andreas Monastery, Kantara Castle, Ayia Trias Basilica, Kanakaria Church, Philon Church, Pier Kon Museum and King Tombs are other popular locations of the town. The distance between Iskele and Nicosia is approximately 70 km.

### Where to Stay in Cyprus?

There are many city hotels, holiday resorts and hostels that can cater to your budget at different points of the city. Accommodation prices in Cyprus may vary between cities. If you cannot give up comfort and luxury when it comes to accommodation, you can take a look at the hotels in Nicosia and Kyrenia. You may choose a luxury accommodation with breakfast, dinner, pool, spa, beach service, tennis, fitness and other activities.

### What to Eat in Cyprus?

Reflecting the common characteristics of Mediterranean and Turkish and Greek cuisine, Cypriot cuisine is enriched with traditional dishes and appetizers. Each dish has its own unique flavor. Various vegetable dishes, grills, pastries, fish, soups, kebabs, lahmacun and pitas are only a part of the Cypriot cuisine. Many kinds of appetizers, desserts, cakes, can be tasted as a snack. Apart from local cuisine, you can also taste Chinese, Italian, French and Indian dishes in many restaurants.

### Cyprus Cuisine

Do not return without tasting these flavors in Cyprus;

- Walnut paste
- Magarina Bulli
- Lalangi
- Pirohu
- Samarella
- Peach Kebab
- Bumbar

### Shopping in Cyprus: Best Souvenirs to Buy

In the Cyprus market, you can see the unique crafts of Cyprus as well as European and Turkish goods. Sellers are genial and sociable. Souvenir shops sell items made of copper, silver and bronze. Turkish dolls, hookahs and backgammon sets are always in stock.



Gold jewelry, leather dresses and other fabric products are available at attractive prices. Prices are generally fixed and are not negotiable. Unlike other Mediterranean countries, handicrafts and crafts other than ceramics are sold in specialty stores.

### **Nightlife**

The nightlife is also vibrant in Cyprus, which is ideal for a quiet and relaxing holiday. During the summer, you can spend a pleasant evening in the restaurants and bars surrounding the harbor of Kyrenia. Many big restaurants organize live music and entertainment nights during the season. In addition, the gambling casinos of the major hotels are open for enthusiasts until morning.

### **Things to Know Before Visiting Cyprus**

The official language in the Cyprus is Turkish. But English is also widely understood and spoken.

Most of the touristic facilities are gathered in Kyrenia and Famagusta regions. In Cyprus, traffic flows from the left and the steering wheel of vehicles is on the right. Three pin sockets are used in Cyprus. You may need a converter to use your electronic devices.

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## FUE EUROPE - IT'S YOUR ORGANISATION

*FUE Europe is an international, non-governmental, non-profit making, non-political organisation formed in 2011 to improve science and education related to hair loss and FUE hair transplant. FUE Europe works altruistically; its aims are primarily non-profit.*

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### Benefits of being member

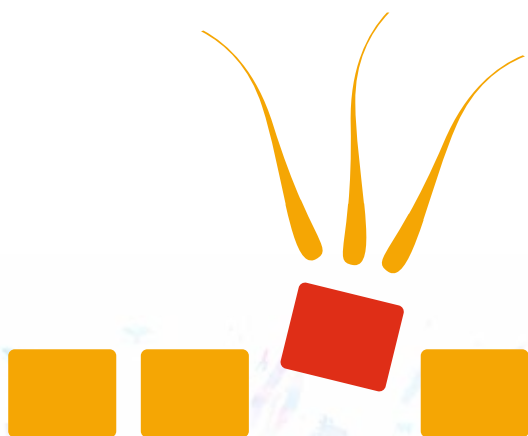
Being a member of our medical society can provide a number of benefits, including:

- ◆ Professional development: We offer educational opportunities, such as conferences, seminars and online courses, to help members stay up-to-date on the latest research and developments in their field.
- ◆ Networking: Membership in a medical society can provide the opportunity to connect with other professionals in your field, which can be useful for sharing ideas and knowledge, seeking advice and support, and building professional relationships.
- ◆ Advice & Help: We offer advice for issues that are important to our members, such as better patient care, improved working conditions, and increased funding for research.
- ◆ Recognition: Belonging to our medical society can be a way to demonstrate your commitment to your profession and to recognize your achievements and contributions to the field.
- ◆ Access to resources: We offer resources such as videos and other materials that can be helpful for research and professional development.
- ◆ Overall, membership in our medical society can be a valuable way to advance your career and stay connected with your professional community.

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**To apply for membership please register at:**  
**<https://www.fue-europe.org/register-page/>**

**“Become member of a quickly growing family of professionals dedicated to deliver the highest quality in FUE”**



**FUE EUROPE**

[www.fue-europe.com](http://www.fue-europe.com)